

NARAYANA COLLEGE OF NURSING
CHINTHAREDDY PALEM, NELLORE
3rd International Conference- 2nd Webinar on
“Hypertension and COVID 19” on 15th September 2020
Conference Report

Hypertension is a common non communicable disease which affects about one third of the population. It also poses a common risk for hypertension, heart disease and kidney diseases. Dangerous outcome of hypertension can be minimized by adopting a healthy life style and medication adherence. Covid-19 pretense a significant threat for the people with hypertension as the number of people presenting with respiratory problems are reported frequently. Apt management is essential at this time of crisis. This conference is organized with the objective is to enable all health care personnel to have a better understanding and the expertise in the management of hypertension during the pandemic of Covid 19

Narayana College of Nursing has hosted 3rd International Conference-2nd Webinar on “**Hypertension and COVID 19**” on 15.09.2020 from 11-2.30PM. The total number of participants for the conference was 310 (10 panelists & 300 participants).

The webinar started at 11am. The theme of the webinar was divulged by Dr. Indira S, Principal, Narayana College of Nursing gave a warm welcome to all the resource person and the participants of the conference. A succinct prologue was made on the need for the topic and the bang of COVID 19 on hypertension.

Dr. Mathar Mohideen , Program Accreditation Coordinator & Assistant Professor, Faculty of Applied Medical Sciences University of Tabuk discussed about the Pathophysiology of Hypertension with COVID 19. Effect of Hypertension, Imposing Risk, Fastening the effect, Pathogenesis, Complications and RASS was discussed in the conference.

Mr. Gerezgiher Buruh Abera, Associate Professor, School of Nursing, College of Health Sciences University, Mekelle University, Ethiopia presented on the Warning signs & treatment of COVID 19 with Hypertension. He emphasized on COVID 19 in Hypertension patient, warning signs and symptom with the management

Dr V Kumari, Professor & HOD, Narayana College of Nursing, Chinthareddypalem, Nellore gave his deliberation on Pre eclampsia with COVID 19. She stressed on Risks for newborn babies and women, Pregnancy hypertension diagnosis, care and Management of post partum hypertension.

Dr Sharadha Ramesh, Director, Symbiosis College of Nursing, Symbiosis International (Deemed University) Pune, explained about Outcome of COVID 19 in Hypertension. She gave her reflection on why hypertension patients can be severely affected by the disease, How COVID-19 with hypertension affects other organs in human body, Focused Recommendations for People with Hypertension.

Mr Kalayou Kidanu Berhe, Associate Professor, School of Nursing, College of Health Sciences University, Mekelle University, Ethiopia discussed on Enhancing healthy lifestyle and immunity during COVID 19 with Hypertension. He focussed on COVID-19 Prevention; following medical advice, avoiding high BP hazards, Recognize a BP emergency, Manage stress, and strengthening immune health.

Dr.S.Vijayakumar , Principal, Right College of Nursing, Vanagaram, Chennai gave explanation on Optimum Mental Health Maintenance in COVID 19 with Hypertension. He specified on Course of Expected reactions among Hypertensive COVID clients, Behaviour changes, Stress Management among Hypertensive COVID clients , and Promotion of Mental Health among Hypertensive COVID clients.

Mrs.Elizabeth D Aaron, MSN, RN, NE-BC, CCRN-CMC, President of Dallas chapter of American Association of Critical Care Nurses, Dallas, Texas, USA conversed on Role of Nurse in COVID 19 crisis with Hypertension

Dr Hailemariam Berhe Kahsay, Ph.D(N), Associate Professor, School of Nursing, College of Health Sciences University, Mekelle University, Ethiopia spoke on Ethical and legal challenges. He insisted on the Ethical principles, Role of Ethics in Pandemic Planning, and relevant ethical values

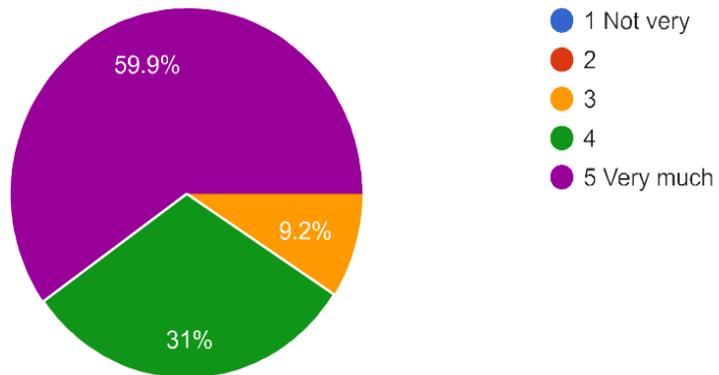
Questions aroused by the participants were clarified by the resource person. Dr.Rajeswari H, Vice Principal, Narayana College of Nursing, Chinthareddypalem, Nellore, Andhra Pradesh summarized the highlights of the conference and conveyed her cordial thanks to all the resource person for their contribution and the participants who have attended the conference and made this a victorious one. E certificate was sent to all the resource person and the participants.



FEEDBACK OF THE CONFERENCE

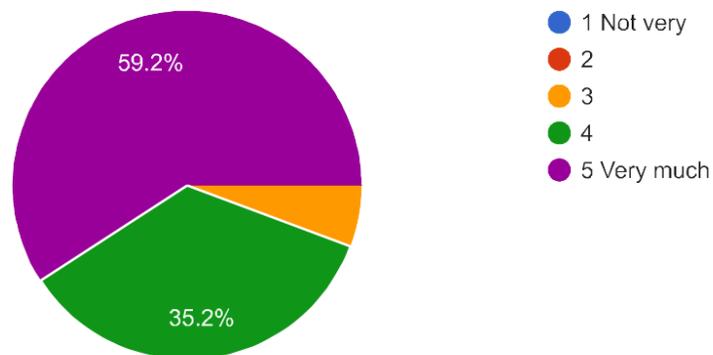
How satisfied were you with the event? *

142 responses



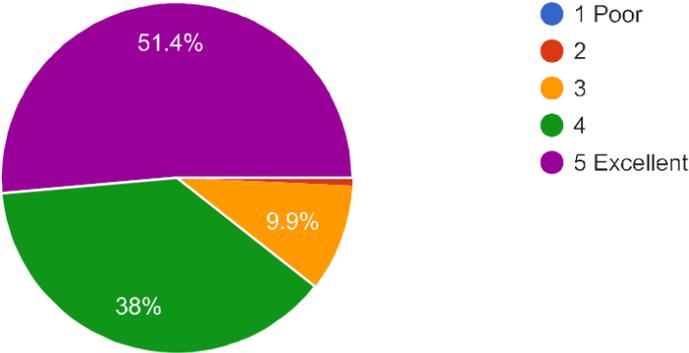
How relevant and helpful do you think it was for you? *

142 responses



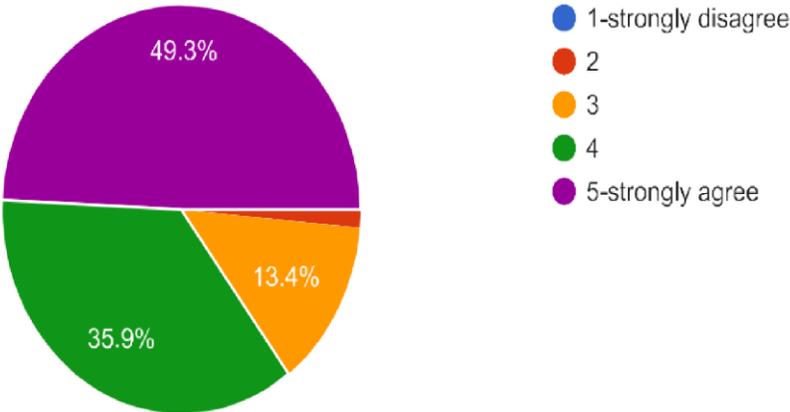
How satisfied were you with the session content?Both presented and pre-read material

142 responses



whether conference was interesting and lively

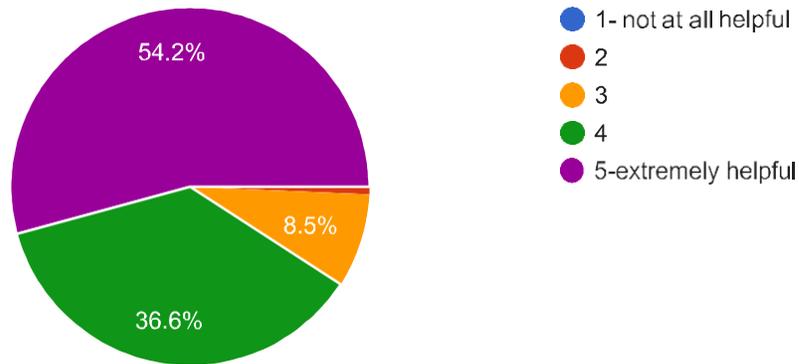
142 responses



5.how helpful the webinar was to you



142 responses



The participants felt that the conference has provided adequate information and it was useful

Conference Coordinator

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